

# Spay



# Post-Operative Instructions

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Your pet has been through a major surgery. She will need special attention for a full, uneventful recovery, just as a human would. Please read and review the following instructions. If you have any questions at any time, please call.

## Medications:

Give as directed upon discharge.

## Diet:

You can resume your pet's normal diet the night after her surgery. After being spayed, her metabolic rate will decrease. In order to maintain a lean body condition and prevent obesity, please decrease her normal food intake by  $\frac{1}{4}$  (25%). If she becomes sick to her stomach, discontinue food until the next morning.

## Exercise Restrictions:

No bathing for a minimum of 10 days after surgery. Prevent access to steps, climbing and jumping for 10 days. If she is an outdoor dog, she will need to be kept indoors for the next 7-10 days.

## Incision Care:

- Check the surgical area(s) daily. Some redness and swelling is a normal consequence of surgery and healing. If the incision becomes painful, opens or discharges pus or blood, please call the clinic immediately. A small amount of clear fluid may ooze from the incision and is considered normal. Monitor your pet for redness/swelling or excessive/odiferous discharge coming from the incision site.
- DO NOT allow your pet to lick, chew, rub or pull at the incision. If she does, you must stop the behavior right away and begin using an Elizabethan collar. If you do not have a collar at home, please pick one up from the clinic at the earliest ability.

## Follow-Up:

Your pet has no sutures to be removed and unless complications arise does not need to return for a recheck.

## Recommendations/Monitoring:

Monitor your pet for no interest in food >24 hours, vomiting despite medication, diarrhea >3 episodes or if blood is present, lethargy, abdominal pain, or any new symptoms/concerns and have your pet evaluated with further concerns.

Thank you for giving us the opportunity to help in the care of your pet. Please call if you have any questions or concerns.

**For after hours emergencies, contact the East Texas Pet Emergency Clinic at (903) 759-8545. They are located at 812 Gilmer Rd., Longview, TX 75604.**